



2

Skin Care Technical Bulletin How to Use Enfuselle®

HOW TO USE

No matter what your skin type, no matter what your skin faces each day, Enfuselle combines signature ingredients and state-of-the-art formulation technology to create nourishing formulas that encourage your skin to maintain its natural moisture balance and recapture a younger look and feel.

All it takes is three minutes in the morning and three minutes in the evening to enjoy the proven benefits of Enfuselle's revolutionary approach to skin care.

Whether your skin is Normal to Oily or Normal to Dry, Enfuselle offers clinically formulated products to meet your skin's needs. What's more, Enfuselle's gentle treatments accommodate even the most sensitive skin.

Nutrition Therapy Skin Care System™

#50916 Normal to Dry
#50914 Normal to Oily



NUTRITION THERAPY SKIN CARE SYSTEM

Three Steps, Three Minutes

Step 1 — Cleanse

- Purifying Cleansing Gel—Normal to Oily
- Hydrating Cleansing Lotion—Normal to Dry
- Eye Makeup Remover—All Skin Types
- Gentle Action Cleansing Bar—Normal to Oily

Step 2 — Neutralize

- Purifying Toner—Normal to Oily
- Hydrating Toner—Normal to Dry

Step 3 — Repair

- Time Repair A.M.® SPF 15—All Skin Types
- C+E Repair P.M.®—All Skin Types
- Eye Treatment—All Skin Types

and more ...

Advanced Moisture

- Hydrating Moisturizer—Normal to Dry
- Balancing Moisturizer—Normal to Oily

Specific Treatments

- Instant Firming Serum—All Skin Types
- Calming Complex®—All Skin Types
- Acne Clarifying Complex™—All Skin Types
- Refining Polisher—All Skin Types
- Infusing Mineral Masque—All Skin Types
- Lip Treatment SPF 15—All Skin Types

Body Care

- Moisturizing Shower Gel—All Skin Types
- Hand and Body Lotion—All Skin Types
- Ultra Moisturizing Shea Butter Cream—All Skin Types

Sun Care

- SPF 30 For Body—All Skin Types

100% SHAKLEE GUARANTEE

We stand behind each and every one of our products. The ingredients, purity, safety, and performance of all our Nutrition, Healthy Home, and Personal Care products are 100% guaranteed.



Cap colors identify products at a glance!

Normal to Oily = GREEN

Normal to Dry = BLUE

All Skin Types = PEWTER

THREE STEPS THREE MINUTES

STEP ONE: CLEANSE

To Remove Eye Makeup:

- Saturate a cotton ball with Eye Makeup Remover. Close your eye and gently apply to eyelid.
- Turn cotton ball over and gently wipe across eyelid to remove all traces of cleanser and makeup.
- To remove heavy mascara, use a facial tissue to gently blot lashes between your fingers.

To Wash Face:

- Start by splashing your face with lukewarm water—hot water can strip too much oil from your face and overstimulate sebaceous glands; cold water can “set” oils and makeup, making them tougher to remove.
- Rub a dime- or quarter-sized drop of cleanser between your palms to warm it up—it will spread and absorb dirt better.
- Gently massage the cleanser over your entire face, paying careful attention to oily areas such as the nose, chin, and forehead. Use upward and outward strokes; do not scrub. Avoid eye area.
- Rinse with warm water, using a white washcloth or your hands. Treat your skin gently.
- Blot gently with a clean, dry towel.

TIP: Do you start your day with a shower? Keep an extra Enfuselle® cleanser handy in the shower stall or tub for morning “Step One” convenience!

STEP TWO: NEUTRALIZE

- IMMEDIATELY after cleansing, saturate a cotton ball with toner, and gently smooth over face and neck, using upward and outward strokes.
- Avoid the eye area; do not scrub skin with cotton ball.
- Allow to air-dry naturally—Enfuselle toners have been designed to evaporate quickly without overdrying skin.

STEP THREE: REPAIR

In the MORNING:

FIRST, Apply Eye Treatment

- Apply a small amount of Eye Treatment to the tip of your ring finger.
- Using a circular motion, lightly pat the skin around your eye, being careful not to tug the skin.

Note: If you wear contact lenses, put them in before applying any Repair product.

DEFINE THE “EYE AREA.”

Draw a circle with your finger: begin at the top of the nose, right between the eyes, then follow the brow outward and down to the cheekbone, then along the top of your cheekbone back to your nose. Enfuselle EYE MAKEUP REMOVER and EYE TREATMENT have been specifically designed to meet the skin care needs of this delicate area.

NEXT, Apply Time Repair A.M.® SPF 15

- Use a dime-sized drop of Time Repair A.M. SPF 15—a little goes a long way!
- With fingertip, dot evenly over face. Avoid the eye area. To extend the benefits of Time Repair A.M. SPF 15, apply to your neck and upper chest area for renewed texture and tone!
- Using upward and outward strokes, gently smooth into skin until completely absorbed.

In the EVENING:

FIRST, Apply Eye Treatment (see Step Three: Repair)

NEXT, Apply C+E Repair P.M.®

- With fingertip, dot C+E Repair P.M. evenly over face and neck while toner is still wet. Avoid the eye area. A little goes a long way—a pea-sized drop will be adequate for facial application.
- Using upward and outward strokes, massage gently into skin until completely absorbed.

TIP: Use C+E Repair P.M. immediately after applying Toner while your face is still wet.

NOTE: Some people experience a mild tingling sensation after applying C+E Repair P.M. This feeling indicates that the pure, derma-available vitamin C is penetrating the skin and beginning to confer its unique benefits. Using caution, and being sure to avoid the eye area, continue to use the product. Most people find that their skin adjusts after just a few days and the tingling sensation disappears. If discomfort continues for longer than a week, discontinue use.

HOW TO USE THE NUTRITION THERAPY SKIN CARE SYSTEM™

STEP ONE: CLEANSE

At your sink or in the shower!

STEP TWO: REFINING POLISHER OR INFUSING MINERAL MASQUE

How to Use Refining Polisher:

- Use at least once a week, more often for oily skin or skin with rough, scaly patches. (In fact, Refining Polisher is gentle enough to use every day!)
- Use in the shower, following the cleanser for your skin type.
- Using a quarter-sized drop of Polisher, massage gently into skin. Avoid the eye area.
- Leave Polisher on face for a few minutes to maximize the humectants' moisturizing benefits.

How to Use Infusing Mineral Masque:

- Use at least once a week, more often for oily skin or skin with enlarged pores.
- After cleansing, smooth Infusing Mineral Masque evenly over face and neck. Avoid the eye area.
- Wait 10 minutes.
- Rinse thoroughly.

STEP THREE: NEUTRALIZE

STEP FOUR: REPAIR

In the MORNING:

- Gently pat Eye Treatment around eye area. Be careful not to pull or tug skin. Apply a dime-sized drop of Time Repair A.M.® evenly over your face, avoid eye area.

In the EVENING:

- Gently pat Eye Treatment around eye area. Apply a pearl-sized drop of C+E Repair P.M.® evenly over your face. Avoid eye area. For best results, apply C+E Repair P.M. when your face is still moist from the toner.
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STEP FIVE: ADDITIONAL MOISTURE

If your skin requires additional moisture, use the Enfuselle moisturizer for your skin type every morning and evening before the Repair step.

A SIMPLE ROUTINE FOR MEN

STEP ONE: CLEANSING AND SHAVING

If You Prefer a Shaving CREAM—Choose the Gentle Action Cleansing Bar.

If You Prefer a Shaving GEL—Choose Purifying Cleansing Gel.

STEP TWO: AFTER-SHAVE

If You Prefer a BRACING After-Shave Splash—Choose Purifying Toner.

If You Prefer a SOOTHING After-Shave Lotion—Choose Calming Complex.

STEP THREE: REPAIR

In the MORNING:

Time Repair A.M.® SPF 15 protects against the visibly aging effects of time, the sun, and the environment.

In the EVENING:

C+E Repair P.M.® boosts skin's firmness and resiliency overnight.

SENSIBLE STRATEGIES FOR SENSITIVE SKIN

For Exceptionally DRY Skin:

- Apply Calming Complex after you tone and BEFORE your Repair step.
- Then apply Hydrating Moisturizer BEFORE your Repair step.

TIP FOR COMBINATION SKIN: Do you have an oily T-zone (forehead, nose, and chin), but still get occasional dry patches on your cheeks? Use Balancing Moisturizer as needed on dry areas only!

NOTE: using a shaving brush will help create a denser lather to help you “track” as you shave.

REGIMEN FOR EXCEPTIONALLY DRY SKIN:

Step One:

- Cleanse with Hydrating Cleansing Lotion.

Step Two:

- Tone with Hydrating Toner.

Step Three:

- Apply Calming Complex to face and neck, avoiding eye area.
- Follow with Hydrating Moisturizer.
- Follow with Time Repair A.M. SPF 15 OR C+E Repair P.M.

For Skin That Is ENVIRONMENTALLY STRESSED:

- Start by Cleansing and Toning.
- Apply Calming Complex to soothe skin after sunburn, wind burn, hot/cold climate shifts, or anything that leaves your skin feeling prickly and craving comfort.
- Continue to soothe your skin with Optional Moisture if needed, then follow with the Repair treatments.

For Exceptionally SENSITIVE Skin:

Dermatologists have found that about 10% of all people experience skin sensitivity. Some people even react to plain water on their skin! If you have such skin sensitivities:

- Test Enfuselle® products one at a time to build the individual system that's right for your skin's special needs.
- Start by applying each product on a small patch of skin (the jawline is a good choice) before broadening the application or combining with other products.
- If you are sensitive to MENTHOL, test Toners and Infusing Mineral Masque on the jawline before applying to your entire face.
- If you are allergic to GRASS and have been tested by an allergist for severe grass allergies, you may be sensitive to the botanicals in Time Repair A.M.® SPF 15. Test on jawline for a few days. If you experience skin irritation or itchy, watery eyes, discontinue use.
- If you are sensitive to FRAGRANCES, the Enfuselle products that benefited from including a light fragrance have been extensively tested on an international panel of people with skin sensitivities under the supervision of a dermatologist. The Enfuselle products that contain hypoallergenic fragrances are Purifying Cleansing Gel, Hydrating Cleansing Lotion, Gentle Action Cleansing Bar, Purifying Toner, Balancing Toner, Balancing Moisturizer, and Hydrating Moisturizer. All other products are fragrance free.

Contact Your Shaklee Independent Distributor

